

How Does Mediation Work?

An Overview of the Process



When two people decide to divorce, the process can be incredibly contentious and drawn-out. Often, each spouse will hire an attorney to advocate for their interests and negotiate on their behalf. However, there is another option: [mediation](#). The divorce mediation process can be quicker and cheaper than going to court, and it often results in a more amicable split.

So how does divorce mediation work? Keep reading to find out!

Overview of the Process

Mediation is a process where an impartial third party, the mediator, helps spouses who are considering divorce or separation reach their own agreement. The mediator does not make decisions for the couple but rather facilitates communication so that the couple can make their own decisions.

The mediation process generally includes several sessions, with each lasting upwards of two to three hours. During these sessions, the mediator will help the couple discuss their goals for the divorce or separation and develop an agreement on issues such as child custody and visitation, spousal support, and division of property.

The mediator will also provide information and resources to help the couple make informed decisions. For example, the mediator may give the couple information about divorce law or refer

them to a financial advisor who can help them understand the financial implications of their divorce.

Once the couple has reached an agreement, the mediator will prepare a written document that summarizes the agreement. The couple can then take this document to a lawyer to have it reviewed and made into a legally binding divorce settlement.

Choosing Your Attorney for Mediation

While mediation is not right for every divorce or separation, it can be a helpful tool for couples who are willing to communicate and work together to reach an agreement. If you are considering mediation, know that our team can help. We understand the importance of achieving your goals, and we can help you and your spouse work together to create a settlement that meets both of your needs.

Learn more about mediation or schedule a consultation by calling us at (949) 565-2793 or by [visiting our website](#).